

FUNDAMENTAL MASTERY®
“Master Your Mind, Master Your Life”
7 Stepping Stones for Mastering Any Area of Your Life



MOVING BEYOND STRUGGLES INTO THE LIFE YOU DESIRE

**Frustration,
Stress,
and Fear**



INTO



**Transformation,
Accomplishment, and
Confidence**

STEPPING STONE #1 – Become Aware

Are you experiencing overwhelming frustration, unhealthy levels of stress, & incessant fear around your health, wealth, and relationships?

Have you been struggling with an overwhelming, nagging task demanding your attention?

Do you lack a clear vision on how to solve it?

Are you in need of a plan for moving beyond it once and for all?

If you had your own Personal Concierge to guide you, provide you with solutions, and help you sort through the options, would you be more willing to do what was necessary to finally move beyond it to a resolution?

Are you doing the same things expecting different results yet staying stuck or moving backwards?

As a result, are your health, wealth, and most important relationships being negatively impacted by frustration, stress, and fear?

Are you out of ideas, short on money, lacking in hope, and less fulfilled than ever?

If you answered “Yes” to even one or two of these questions, continue to learn more.

Would you rather experience massive transformation, a greater sense of accomplishment & the confidence to easily attain anything you desire?

If you are ready to move beyond struggles with programs and service options that will assist you with moving into the life you desire, you are in the right place.

Take advantage of the Concierge Service options most aligned with you and your values.

Overcome challenges (health, financial, relationship, etc.) with access to a knowledgeable Instructional Specialist who has a developed sense of intuition, and skills as an energy clearer.

It's time for you to achieve your goals & desires and experience fulfilling life circumstances!

Knowledge of this repeatable process will allow you to continue to get the results you desire in any aspect of your life!

You deserve to feel a renewed sense of confidence that comes from this process and the ability to expand upon those accomplishments and successes!

Pay it forward and earn money \$\$\$\$\$! Investigate the options to become certified or licensed and multiply your revenue and income streams while helping others!

STEPPING STONE #2 – Gain Clarity

How Fundamental Mastery® “Master Your Mind, Master Your Life” can seamlessly get you from where you are to where you want to be

Learn strategies to gain immediate awareness and clarity for pinpointing the true underlying issue to a perplexing problem

Understand how your actions have been moving you toward or away from the life, health, wealth, relationships & fulfillment you desire

Get access to the best support measures for you that will help end self-sabotaging and guide you to finally reach your goals

Let the program’s multiple assessments direct you toward your desires by highlighting your unique strengths















Utilize an easy-to-implement evaluative checkpoint system that will either validate or redirect your efforts in a timely manner before investing too much time, too much effort, and too much money on things that aren’t working

Avoid reinventing the wheel; use a tried-and-true, already-done-for-you process that checks a box for you rather than asking you to fit in a box

STEPPING STONE #3 – Make Your Choice

Choose the best “MYM, MYL” package to help attain for your desires

When your mental & emotional aspects of yourself prevent you from overcoming obstacles and attaining what you desire, this logical program provides 3 levels for accessing clear direction.

FM SUPERIOR CONCIERGE	FM ACCELERATED GROWTH	FM ACHIEVEMENT ESSENTIALS
<p>expand your reach & revenue</p> <p><i>Create a foundation that supports efforts in every aspect of life. Have the option to gain FM Coach or FM Trainer status to expand your professional skillset and elevate additional revenue streams.</i></p> <p><i>(Concierge Service for 12 months)</i></p>	<p>receive extended guidance</p> <p><i>Benefit from ongoing monitoring, assessing, and evaluation. Learn to decipher between the need to remediate vs. the need to redirect to stay in alignment with your end goal(s).</i></p> <p><i>(Concierge Service for 6 months)</i></p>	<p>get guidance for clarity</p> <p><i>To get where you desire to be, it's best to have a clear picture of what it looks like once you've “arrived” and a plan for how to get there.</i></p> <p><i>(Concierge Service for 1 month)</i></p>
What's Included:	What's Included:	What's Included:
Utilize the simple yet powerful 7-step process AND the two additional components	 INCLUDED	 INCLUDED
Use one of the TAP (Targeted Area of Priority) Wheels to clarify where you would most like to see improvement	 INCLUDED	 INCLUDED
Use a more specific FM assessment to drill down and determine your desired result(s)	 INCLUDED	 INCLUDED
Access the FM Potential-Maximizing 5-Point Rubric® to devise a quality goal as the foundation for the next steps	 INCLUDED	 INCLUDED
Create the FM Action Plan® to stay in alignment with your desires	 INCLUDED	 INCLUDED
Build the FM Support Plan® to assist you with overriding unproductive default patterns of the past	 INCLUDED	 INCLUDED
Check alignment & progress to guide next steps with the FM Evaluation Plan®	 INCLUDED	 INCLUDED

Access to digital or hard copy FM Thriving Alignment Assessment® for identifying your unique strengths	X	X
12 months of unlimited email & online messaging access to your FM Licensed Trainer	6 months of unlimited email & online messaging access to me	1 month of unlimited email & online messaging access to me
12 monthly online 45-minute coaching call check-ins	6 monthly online 45-minute coaching call check-ins	1 online 45-minute coaching call check-in
4 FM Plan Change Coaching Reviews	2 FM Plan Change Coaching Reviews	X
Optional credentials as FM Certified Coach and FM Licensed Trainer	With Upgrade Only	With Upgrade Only
Potential for additional revenue & income streams	X	X
Total VALUE: \$16,600	Total VALUE: \$7,725	Total VALUE: \$2,637.50

STEPPING STONE #4 – Consider YOUR FREE BONUSES		
Access to the Life Inventory Assessment & a complementary LIA Guided Coaching session to reveal your patterns, blind spots & gain access to insight for improving your quality of life (\$495 value)	 INCLUDED	 INCLUDED
Digital access to the 60+ page (& growing) Fundamental Mastery Implementation Manual (\$59.95 value)	X	X
Access to the FM Business Builder Package with tools such as FM website & social media content to get you started (\$129 value)	X	X
Total VALUE: \$683.95	Total VALUE: \$495	Total VALUE: \$495

PACKAGE VALUE: \$17,283.95 YOUR Price: \$12,500 ←	PACKAGE VALUE: \$8,220 YOUR Price: \$6,200 ←	PACKAGE VALUE: \$3,132.50 YOUR Price: \$2,600 ←
OVERALL SAVINGS: \$4,783.95	OVERALL SAVINGS: \$2,020	OVERALL SAVINGS: \$532.50

STEPPING STONE #5 – Invest in YOU! You're worth it!

What price would you put on gaining access to knowledge that ultimately allows you to

1. implement a program that solves a problem for you?
2. utilize a repeatable process for attaining what you desire in any aspect of your life?
3. gain desired results & stand out while bypassing the need to convince others of your value?
4. BE UNIQUELY YOU?

STEPPING STONE #6 – Consider Final Thoughts

What are you holding yourself back from? You answer this for yourself.

- being the CEO you want to be?
- becoming the owner instead of the operator of your business?
- becoming the writer you always yearned to be?
- finding the relationship that is aligned with how you want to live?
- earning the income you believe is aligned with the value you bring to the table?
- organizing your life around what is important to you?

If you are seeking to move beyond the barriers between you and your desires, Fundamental Mastery's 7-step process complete with its two additional components and various assessments is a perfect choice!

STEPPING STONE #7 – Take Action

You have choices!

Get clear on whether you are happy with your current status quo. Then decide...

- Am I willing to allow myself the “**essentials**” to begin my forward motion toward where I desire to go?
- Would I prefer to allow myself to receive the guidance needed to experience “**accelerated growth**”?
- Do I value myself and what I desire enough to shift into “**success blueprint**” mode that can be used in every aspect of my life?
- Will I find fulfillment if I chose to **do nothing** beyond what I am already doing?